

CASAC MONTHLY

JANUARY 2021 | VOLUME 1 | ISSUE 3

"ADVISING: OUR PASSION
YOUR SUCCESS: OUR REWARD"



UAFS

ARTS AND SCIENCES
ADVISING

WELCOME BACK, STUDENTS!

The Spring 2022 semester is in full swing. We can't wait to see you this semester! This month's newsletter encompasses all things student success. Let us be a resource so you can have a successful semester!

FIVE HELPFUL BACK TO SCHOOL TIPS

01

COMMUNICATE

Communicate your Spring 2022 schedule with your family and friends so they know when you are in class, at work, or participating in other activities.



02

TAKE BREAKS

Take breaks to avoid "Cyber Sickness."

While on the topic of cyber sickness, take care of your eyes and invest in a pair of blue light glasses!



03

CREATE A STUDY SPACE

Lots of online classes this semester? Your at home workspace is just as important as a classroom. Make sure you create a comfortable and distraction free study space.



04

BE REALISTIC

Set goals at the beginning of each semester; make sure they are SMART. Be realistic with your goals and time management.



05

GET SOCIAL

Make a friend in each class. This will help if you happen to be sick and miss a class. Plus, it will make homework and studying more fun!



Tips courtesy of: Princeton Review Board and KD College Prep.

STAFF SPOTLIGHT



Sherry Ohm, M.Ed.
Academic Advisor

Sherry started at UAFS in June 2021 after teaching high school math at Union Christian Academy. She has her bachelor's in Math Education from John Brown University which makes her the perfect person to advise for the Math department here at UAFS. In addition to advising Math she also advises for Biology, Chemistry and Engineering. In addition to her bachelor's degree Sherry also earned her Masters in Education during the pandemic.

Sherry has really enjoyed working at UAFS with the CAS Advising Center and her awesome colleagues. It has also been a delight meeting and working with faculty and students. She loves learning something new every day and hopes to grow in this role and help students reach their potential and goals for the future.

When she isn't at UAFS, Sherry is not one to be bored. She has many hobbies and interests that include: crafting, exercising, dancing, reading, and traveling. It makes sense that she likes to travel as she was born in China, grew up in Ecuador, and went to an international school to learn English all before she moved to Arkansas! Learning different languages is one of her passions as she is working on being fluent in Italian. Come to Vines 119 to say hi to Sherry!

FOLLOW US ON SOCIAL MEDIA:

INSTAGRAM: @UAFSCASADVISE

FACEBOOK: UAFS ARTS & SCIENCES ADVISING

“The whole purpose of education is
to turn mirrors into windows.”
- Sydney J. Harris



FACULTY ADVISOR SPOTLIGHT: KATIE WAUGH, M.F.A.



What is your best advice for students?

Take yourself seriously: If you're interested in something, pursue it with conviction and purpose. Get all the help and advice you can find; that allows you to be the most informed, most well-cared-for version of yourself. You don't have to have everything figured out right now; you're not done yet! Do well at what you are now, and allow for change and growth as you continue through your education, career, and lives.

What is your philosophy on faculty advising as a vehicle for student success?

- When advising, we're addressing the whole student. Sometimes factors outside of the classroom are directly impacting their work in the classroom, and we can help students find the resources they need. We can try to help them understand the links between their work and ideas in various courses, as well as developing long-term vision for their degrees. I think it's important to work towards building genuine motivation towards their entire degree plan -- not seeing Gen Eds, etc, as things they "have to do" -- but as opportunities, if carefully selected, to enhance secondary interests, or even to support and enrich their major course of study. I joke sometimes that, if approached properly, the curriculum of the entire University could be viewed by an art or design student as "art school."

Describe your passion for advising students

- I so enjoy helping students find their way to and through the discipline I love. Some of the most important impact we have on students can take place outside of the traditional classroom context. Advising is about assuming that role of mentor: inviting students to come join us in our fields, and helping them to find the best pathways (for themselves) to do so successfully. I'm inspired by Yoko Ono, an artist whose work I admire, as she writes in "Letters to a Young Artist": "My thanks to you for being an artist. I am aware that I will be one of the many, many people who gets the benefit of your decision. I wish you great success." But aside from this, whether or not students are choosing entry to my field, it's exciting to help students figure out what excites them, and to help them make plans for a life pursuing that.

What are your interests and hobbies?

- Art and Art, respectively. Prior to recently, much of my "free time" was spent traveling to see art I am excited by, and pursuing my interests in analog photography (specifically: my twin Mamiya RB67s), sewing, and hiking & camping near the Great Lakes (Lake Superior is the greatest). One of my primary more current hobbies is gazing at the sky with my toddler, searching for the moon.

HOW MAY WE HELP?

Check out these other resources dedicated to your success!

WRITING CENTER

Tutoring Services

The UAFS Writing Center offers writing services through two appointment modalities:

1. Face-to-face tutoring in the Writing Center.
2. [Live online consultations through myWCOnline.](#)

All appointments can be booked in 30- or 60-minute intervals. Both kinds of appointments are ideal for assisting students at every step of the writing process, from brainstorming and outlining new projects to reviewing final drafts.

For more information [see our tutors' bios.](#)

Questions? Contact:
Dr. Mary Lutze
Director

Mary.Lutze@uafs.edu
[479-788-7228](tel:479-788-7228)
Gymnasium 101

9 a.m. to 9 p.m. Monday-Thursday
9 a.m. to 3:30 p.m. Friday

ACADEMIC SUCCESS CENTER

Academic Coaching

- Unleash your maximum academic potential! Academic Coaches meet with you to help tackle common challenges like: Time Management, Exam Preparation & Anxiety, Remote Learning, Reading & Note-Taking, Procrastination and more!
- [Log in to Navigate](#) to schedule an appointment for a virtual academic coaching session.

Tutoring Services

- [Access Brainfuse](#) for online tutoring in many subjects with extended hours, some around the clock.
- [Log in to Navigate](#) to request more information on ASC drop-in tutoring availability and get online access to virtual tutoring sessions for designated UAFS courses.
- [Sign in to Student Lingo](#) to access on-demand learning videos from the College Success Library of Resources.

Test Proctoring

- Third-party test administration for national tests, professional exams, and other tests (e.g. Accuplacer, CLEP, PSB, MAT, WebCAPE, Challenge Exam)
- In-person testing (by appointment only) for full online and synchronous online UAFS course exams

Vines Building, Room 202.

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Monday/Wednesday/Thursday: 8 a.m. to 8 p.m.
Tuesday/Friday: 8 a.m. to 5 p.m.

