

# CASAC MONTHLY

# UAFS

## ARTS & SCIENCES ADVISING

*"Advising: Our Passion.  
Your Success: Our Reward"*

College of Arts and Sciences Advising Center Newsletter

## WHAT'S HAPPENING IN THE CENTER?

### PRIORITY ADVISING IS COMING UP!

*Priority advising begins October 1st!*

Please be on the lookout for an email from **your faculty advisor** requesting an appointment. You will be sent a link to schedule an appointment during the month of **October**. You will need to meet with your advisor before you will be able to register for classes!



### STAFF SPOTLIGHT

*Amber Bergthold*

Advising Coordinator



Amber began her career at UAFS after receiving her Master's degree in College Student Personnel from Western Illinois University. She is a native of Ripon, Wisconsin. Amber has been an advisor at UAFS since June 2019.

In her spare time, Amber's favorite hobby is to curl up with a good book. After all, her bachelor's degree is in English! Her favorite genre is historical fiction and her favorite author is Nora Roberts. She also enjoys going to Razorback games (she's a newly converted Razorback fan!).

Why does Amber love advising? The students! Amber loves getting to work with each student in the college and empower them to take charge of their educational and career goals.

Her favorite part about working at UAFS is working alongside the staff in the CAS Advising Center.

### Tips for a Successful Advising Session:

1. Schedule your appointment on Navigate
2. Bring your Lions ID card
3. Bring an updated degree plan
4. Bring a list of proposed courses
5. Take notes during your appointment
6. Ask questions during your appointment (time management, social needs, academic needs, etc.)
7. Keep in touch with your advisor - we like to build relationships with students!

### ARE YOU PLANNING TO GRADUATE IN SPRING 2022?

If you plan to graduate in spring 2022, you will need to schedule an advising appointment in the CAS Advising Center as soon as possible for a graduation application and degree audit. Please call your CAS Advisor today!

Amber Bergthold: 479-788-6564  
Kristen Merritt: 479-788-7564  
Sherry Ohm: 479-788-7433



### IMPORTANT DATES TO REMEMBER:

- Priority Advising: Begins October 1
- 22-23 FAFSA Available: October 1
- Fall Break: October 19 & 20
- Check your midterm grades: October 20
- Priority Registration Week: Nov. 15-19
- Last Day to Drop with a "W": November 12th

### Suggested reading for students:

Six research-tested ways to study better; Psychology's latest insights for preparing students for their next exams.

<https://www.higheredjobs.com/Articles/articleDisplay.cfm?ID=1962>

### Suggested reading for faculty

4 Secrets of Effective Academic Advising

<https://www.higheredjobs.com/Articles/articleDisplay.cfm?ID=1962>

# OUR STAFF

Our staff consists of two advising coordinators and one academic advisor that work in tandem with your faculty advisors to make sure you have the best advising experience at UAFS!

See who your advisor is below:

*Amber Bergthold, M.S.*

**Advising Coordinator, Arts Degrees**

Amber advises:

- English / English TL
- Spanish
- Music / Music BME
- Theatre
- General Studies (Bachelor's Only)
- Media Communication
- Rhetoric and Writing
- Studio Art
- Graphic Design



[amber.bergthold@uafs.edu](mailto:amber.bergthold@uafs.edu)

479-788-7574

*Kristen Merritt, M.S.*

**Advising Coordinator, Sciences Degrees**

Kristen advises:

- Criminal Justice B.S. and A.A.S.
- History / History TL
- Political Science
- Computer Science / Information Technology



[kristen.merritt@uafs.edu](mailto:kristen.merritt@uafs.edu)

479-788-7564

*Sherry Ohm, M.Ed.*

**Academic Advisor, Science Degrees**

Sherry advises:

- Biology / Biology TL
- Chemistry
- Math / Math TL
- Engineering
- Geoscience
- General Studies (Associate's Only)



[sherry.ohm@uafs.edu](mailto:sherry.ohm@uafs.edu)

479-788-7433

*Our friendly student workers:*

PEGGY HAMMONDS, TORY SUTTON, JAZMIN GONZALES

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### FACULTY ADVISOR SPOTLIGHT

*Dr. Evan Rothera*

Assistant Professor of History



#### 1. What is your philosophy on faculty advising as a vehicle for student success?

A good faculty advisor makes all the difference in the world! Students often see universities as analogous to medieval guilds, that is to say, as impenetrable mysteries. Our job as advisors is to demystify the advising process for students and help them succeed. We do this by getting to know them, by helping them decide what courses best serve their interests and the future career goals, by alerting them to problems and concerns, and by being their advocates when they encounter issues they cannot resolve by themselves. Advising, when done properly, is rewarding work because it facilitates student success.

#### 2. Describe your passion for advising students!

I enjoy advising students for several reasons. First, I received excellent advising when I was an undergraduate and I hope to do the same for my advisees at UAFS. Second, helping students navigate difficult situations and solve problems definitely leaves me feeling satisfied and like I made a difference in their lives. Third, I enjoy advocating for students when they encounter problems they cannot solve by themselves. Fourth and final, I hope that my advising, along with the other knowledge and skills they have gained at UAFS, leaves students well-equipped to succeed in whatever career path they choose.

#### 3. What are your interests and hobbies?

Reading, writing, and travelling

#### 4. What is your best advice for students?

I have two pieces of advice. First, do not wait for opportunities to come to you – go out in search of them. Second, get to know your professors. Talk to us! We want you to let us know how we can help you and we will do everything we can to ensure that you succeed, both during and after your time at UAFS.